

**A WEEKLY  
GUIDE TO  
PRAYER---**  
**2023**  
**(YEAR A)**

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

December 26, 2022-January 1, 2023 (W/Go)

Theme 6: God's Children

### I. Opening Prayer

Dear God, my life with all its doubts and fears lie before your gaze. Look upon it and cause everything that may hinder my ministry and my work to fall away, for the sake of those I serve in your name. Amen.

### II. Passage of Praise

Psalm 8 (UMH 743)

### III. Daily Bible Readings:

December 26, Monday

John 15:12-16

December 27, Tuesday

2 Peter 1:3-11

December 28, Wednesday

Ezekiel 34:11-15

December 29, Thursday

Isaiah 60:1-6

December 30, Friday

Romans 8:31-39

Dec 31, Sat (Watch Night; New Year's Eve; W/Go)

Matthew 25:31-46

January 1, Sunday

Ecclesiastes 3:1-13;

(New Year's Day)

Revelation 21:1-6a

Epiphany Sunday

Matthew 25:31-46

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: It Came Upon a Midnight Clear (UMH218)/Away In a Manger (UMH 217)

### VII. Closing Prayer

We praise you, dear God. We thank you for your goodness, mercy, and the gift of your son. May we live as your chosen. May we act as your children. In the name of Christ Jesus. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

January 2-8, 2023 (W/Go)

Theme 7: Jesus, Son of God

### I. Opening Prayer

We could hardly comprehend that you are mindful of us when we are not at all worthy because of our manifold sins. We cannot understand how you can love us, even send your most Beloved Son for our sake. There was rejoicing among the heavenly hosts when he came to us as an infant, but there was grieving in creation when he was tortured, nailed to the cross, and murdered. All this for our sake.

Accept this our heartfelt plea for your forgiveness, and enable us to reach, touch, even just the tip of your throne of grace for our assurance. In your most Blessed Son with the continued assistance of the Holy Spirit, we pray. Amen.

-Querubin D. Canlas, September/2007

II. Passage of Praise: Psalm 29 (UMH 761)

### III. Daily Bible Readings

January 2, Monday	Mark 1:21-28
January 3, Tuesday	John 1:29-34
January 4, Wednesday	John 5:19-25
January 5, Thursday (Twelfth Night)	Luke 10:1, 3, 17-24
January 6, Friday	Isaiah 60:1-6; Psalm 72:1-7, 10-14 (UMH 795)
Epiphany of the Lord	Ephesians 3:1-12; Matthew 2:1-12
January 7, Saturday	1 John 4:13-17
January 8, Sunday	Isaiah 42:1-9
(1 <sup>st</sup> Sunday after the Epiphany)	Acts 10:34-43
Baptism of the Lord	Matthew 3:13-17

IV. Moments of Reflection: Silent and/or written

V. Sweet hour of Prayer: Personal and/or intercessory

VI. Hymns: Praise to the Lord, the Almighty (UMH 139)/Jesus Shall Reign (UMH 157)

### VII. Closing Prayer

Father in heaven, we praise and thank you for your gift of your Son, through whom we have the opportunity of salvation. Teach us daily, how to partake of the bread of life he offers us and may we serve you every day of our lives. In his name we pray. Amen.

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

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January 9-15, 2023 (G)

Theme 8: A New Life With Jesus Christ

### I. Opening Prayer

It is within your infinite presence where we always are, because you fill all space – on earth and in that awesome beyond, which is but in your bosom. We cannot help feeling awed by this truth, Almighty God. And yet this, or any other thing, cannot compare with your mighty act in the person of your Son Jesus Christ our Lord whom you gave to us unreservedly.

We acknowledge all this with joyful wonder as we lift up our hearts in eternal praise, adoration and worship. Reward us this moment with the healing warmth of your Spirit, and lead us away from this sanctuary ready to do your bidding. Amen. -Querubin D. Canlas, September/2007

II. Passage of Praise: Psalm 40:1-11 (UMH 774)

### III. Daily Bible Readings

January 9, Monday	John 1:35-45
January 10, Tuesday	Matthew 4:18-22
January 11, Wed (Human Trafficking Awareness Day)	Luke 9:23-26, 57-62
January 12, Thursday	Matthew 10:34-42
January 13, Friday	Matthew 11:25-30
January 14, Saturday (Week of Prayer for Christian Unity)	Matthew 20:1-16
January 15, Sunday	Isaiah 49:1-7
(2 <sup>nd</sup> Sunday after the Epiphany)	1 Corinthians 1:1-9
Human Relations Day (offering)	John 1:29-42

IV. Moments of Reflection: Silent and/or written

V. Sweet hour of Prayer: Personal and/or intercessory

VI. Hymn/s: Many Gifts, One Spirit (UMH 114)/Great Is Thy Faithfulness (UMH 140)

### VII. Closing Prayer

Praise God, Alleluia! Thank you dear God for every opportunity of being a follower of Jesus Christ, your Son, our brother, friend and Savior. Allow us your continued blessing of strength every day of our lives to be able to do so. Amen.

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

January 16-22, 2023 (G)

Theme 9: A New Life in Ministry

### I. Opening Prayer

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

-The UMC Book of Worship

II. Passage of Praise: Psalm 27:1, 4-9 (UMH 758)

### III. Daily Bible Readings

January 16, Monday	Isaiah 6:1-8
January 17, Tuesday	Luke 5:1-11
Jan 18, Wed (Week of Prayer for Christian Unity [18-25)	Luke 8:1-3
January 19, Thursday	Acts 9:1-22
January 20, Friday	1 Corinthians 1:26-31
January 21, Saturday	John 21:15-19
January 22, Sunday	Isaiah 9:1-4
(3 <sup>rd</sup> Sunday after the Epiphany)	1 Corinthians 1:10-18 Matthew 4:12-23

IV. Moments of Reflection: Silent and/or written

V. Sweet hour of Prayer: Personal and/or intercessory

VI. Hymns: O For a Thousand Tongues to Sing (UMH 57)/Jesus Calls Us (UMH 398)

### VII. Closing Prayer

The blessings, joy, and peace from our loving and caring God we now claim to keep us into His fold, to serve Him – who is Father, Son, and Holy Spirit – and even His Church and our fellow human beings. Amen.

-Querubin D. Canlas, September/2007

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

January 23-29, 2023 (G)

Theme 10: A New Life in the Community of God

### I. Opening Prayer

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

-The Collect, the Book of Worship

II. Passage of Praise: Psalm 15 (UMH 747)

### III. Daily Bible Readings

January 23, Monday	Matthew 18:1-5
January 24, Tuesday	Matthew 15:1-20
January 25, Wednesday	Matthew 10:32-42
January 26, Thursday	Matthew 5:1-12
January 27, Friday	Matthew 5:13-16
January 28, Saturday	Matthew 6:9-13
January 29, Sunday	Micah 6:1-8
(4 <sup>th</sup> Sunday after the Epiphany)	1 Corinthians 1:18-31 Matthew 5:1-12

IV. Moments of Reflection: Silent and/or written

V. Sweet hour of Prayer: Personal and/or intercessory

VI. Hymns: Be Thou My Vision (UMH 451)/Jesus Is All the World to Me (UMH 469)

### VII. Closing Prayer

The Lord bless you and keep you; the Lord make his face to shine upon you, and be gracious to you; the Lord lift up his countenance upon you, and give you peace. Amen.

-Numbers 6:24-26

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

January 30-February 5, 2023 (G)

Theme 11: God, our source of strength

### I. Opening Prayer

Almighty and everlasting God, in whom we live and move and have our being, you created us for yourself, so that our hearts are restless until they find rest in you. Grant to us such piety of heart and strength of purpose that no selfish passion may hinder us from knowing your will, and no weakness from doing it. In your light may we see life clearly and in your service find perfect freedom; through Jesus Christ our Lord. Amen.

-The Book of Worship 1965, ALT.

II. Passage of Praise: Psalm 112:1-10 (UMH 833)

### III. Daily Bible Readings

January 30, Monday	1 Chronicles 29:10-13
January 31, Tuesday	Psalm 27:1-3
February 1, Wednesday	Psalm 46:1-3
February 2, Thursday	Psalm 138:1-3
February 3, Friday	Isaiah 49:1-5
February 4, Saturday	2 Corinthians 12:9-10
February 5, Sunday	Isaiah 58:1-9a (9b-12)
(5 <sup>th</sup> Sunday after the Epiphany)	1 Corinthians 2:1-12 (13-16) Matthew 5:13-20

IV. Moments of Reflection: Silent and/or written

V. Sweet hour of Prayer: Personal and/or intercessory

VI. Hymn/s: I Know Whom I Have Believed (UMH 714)/We've a Story to Tell to the Nations (UMH 569)

### VII. Closing Prayer

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit. Amen.

-Romans 15:13

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

February 6-12, 2023 (G)

Theme 12: God of Life, and Love

### I. Opening Prayer

O God, our Guide and Guardian, you have led us apart from the busy world into the quiet of your house. Grant us grace to worship you in Spirit and in truth, to the comfort of our souls and the upbuilding of every good purpose and holy desire. Enable us to do more perfectly the work to which you have called us, that we may not fear the coming of night, when we shall resign into your hands the tasks which you have committed to us. So may we worship you not with our lips at this hour, but in word and deed all the days of our lives; through Jesus Christ our Savior. Amen.

-The Book of Worship 1965, ALT.

### II. Passage of Praise:

Psalm: 119:1-8 (UMH 840)

### III. Daily Bible Readings

February 6, Monday

Isaiah 6

February 7, Tuesday

John 13:1-20

February 8, Wednesday

Matthew 10:5-15

February 9, Thursday

Acts 6:1-15

February 10, Friday (Valentine's Day)

James 1:12-18

February 11, Saturday

1 Peter 2:18-25

February 12, Sunday

Deuteronomy 30:15-20

(6<sup>th</sup> Sunday after the Epiphany)

1 Corinthians 3:1-9

Scouting Ministries Sunday

Matthew 5:21-37

### IV. Moments of Reflection: Silent and/or written

### V. Sweet hour of Prayer: Personal and/or intercessory

### VI. Hymns: Let All the World in Every Corner Sing (UMH 93)/O Master Let Me Walk with Thee (UMH 430)

### VII. Closing Prayer

May the blessing of God, fountain of living water, flow within us as a river of life. May we drink deep of her wisdom. May we never thirst again. May we go through life refreshing many, as a sign of healing for all; through the One who is Life eternal. Amen.

-Miriam Therese Winter, U.S.A., 20<sup>th</sup> cent.

(Prepared by Rev. QCCJ)



## A WEEKLY GUIDE TO PRAYER

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February 13-19, 2023 (W/Go)

Theme 15: God's Word...In Us

### I. Opening Prayer (UMH 259)

Our heavenly Father, we your humble children invoke your blessings on us. We adore you, whose name is love, whose nature is compassion, whose presence is joy, whose Word is truth, whose Spirit is goodness, whose holiness is beauty, whose will is peace, whose service is perfect freedom, and in knowledge of whom stands our eternal life. Unto you be all honor and all glory; through Jesus Christ our Lord. Amen. -The Book of Worship 1944, ALT.

### II. Passage of Praise Psalm 99 (UMH 819)

### III. Daily Bible Readings

February 13, Monday	Matthew 18:1-5
February 14, Tuesday	Matthew 15:1-20
February 15, Wednesday	Matthew 10:32-42
February 16, Thursday	Matthew 5:1-12
February 17, Friday	Matthew 5:13-16
February 18, Saturday	Matthew 6:9-13
February 19, Sunday	Exodus 24:12-18
(7 <sup>th</sup> /Last Sunday after the Epiphany)	2 Peter 1:16-21
Transfiguration Sunday	Matthew 17:1-9
Brotherhood/Sisterhood Week (19-25)	

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: O For a Thousand Tongues to Sing(UMH 57)/Immortal, Invincible God Only Wise (UMH 103)

### VII. Closing Prayer

May the love and presence of the Father, the care and community of the Holy Spirit, and the hope and faith in Jesus Christ abide in us all, now and forevermore. Amen.

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

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February 20-26, 2023 (P)

Theme 16: God Forgive Us, Your Children

### I. Opening Prayer

Our praise and thanks to you, our God. Forgive us, cleanse us, renew us and prepare us, your children; for these moments of devotion and praise, and a lifetime of service. In the name of our Savior Jesus Christ. Amen.

II. Passage of Praise: Psalm 32 (UMH 766)

### III. Daily Bible Readings

February 20, Monday	1 Peter 3:18-22
February 21, Tuesday	Romans 9:19-29
February 22, Wednesday (Ash Wednesday)	Joel 2:1-2, 12-17; Psalm 51:1-17 2 Cor. 5:20b-6:10; Matt. 6:1-6, 16-21
February 23, Thursday	Acts 9:1-30
February 24, Friday (World Day of Prayer)	Psalm 25:4-10
February 25, Saturday	Mark 1:9-15
February 26, Sunday (1 <sup>st</sup> Sunday in Lent)	Genesis 2:15-17; 3:1-7 Romans 5:12-19 Matthew 4:1-11

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Take Time to be Holy (UMH 395)/Sweet Hour of Prayer (UMH 496)

### VII. Closing Prayer

Almighty God, whose love allowed Jesus to be with human beings, whose mercy allows forgiveness of all our sins, affording us the way to eternity in your awesome presence, dismiss us now with strength and power to serve you and our fellow human beings. In the mighty name of Jesus, we pray. Amen.

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

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February 27-March 5, 2023 (P)

Theme 17: Ministry and Sacrifice

### I. Opening Prayer

Our Heavenly Father, open our hearts, minds, our very senses and being, through the power of the Holy Spirit to allow us to perceive your presence in our midst. Prepare us for this hour of devotion in the name of Jesus. Amen

II. Passage of Praise: Psalm 121 (UMH 844)

### III. Daily Bible readings:

February 27, Monday	Isaiah 6
February 28, Tuesday	John 13:1-20
March 1, Wednesday (Women's History Month)	Matthew 10:5-15
March 2, Thursday (John Wesley: d. 1791)	Acts 6:1-15
March 3, Friday (World Day of Prayer)	James 1:12-18
March 4, Saturday	1 Peter 2:18-25
March 5, Sunday	Genesis 12:1-4a
(2 <sup>nd</sup> Sunday in Lent)	Romans 4:1-5, 13-17
	John 3:1-17

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: O God Our Help in Ages Past (UMH 117)/Blessed Assurance (UMH 369)

### VII. Closing Prayer:

May our God who is constantly and faithfully abiding in us grant us harmony with one another and oneness with Jesus Christ, that together as a community of faith we may serve our sisters and brothers in humility and love. In the name of our Savior we pray. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

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March 6-12, 2023 (P)

Theme 18: Love Amidst Longing

### I. Opening Prayer

God of love and life, we come before your mighty and awesome presence. In the middle of a sea of humanity we feel the pangs of longing. We discern our need for your indwelling. Be with us, Lord, and bless us with your Spirit. In the name of Jesus we pray. Amen.

II. Passage of Praise: Psalm 95 (UMH 814)

### III. Daily Bible Readings

March 6, Monday	Psalm 63:1-8
March 7, Tuesday	Isaiah 57:15-19
March 8, Wednesday	Psalm 103:1-5
March 9, Thursday	John 6:22-40
March 10, Friday	1 Corinthians 13:1-7
March 11, Saturday	Psalm 84
March 12, Sunday	Exodus 17:1-7
(3 <sup>rd</sup> Sunday in Lent)	Romans 5:1-11
Scouting Sunday (alt)	John 4:5-42

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Joyful, Joyful, We Adore Thee (UMH 89)/Were You There (UMH 288)

### VII. Closing Prayer

O Lord, our God, whose mercy saves all who have faith in the Son, empower us through your love, that we who long for your presence may find everlasting life. In the name of Jesus we pray. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

March 13-19, 2023 (P)

Theme 19: Succor Amidst Suffering

### I. Opening Prayer

O God, you manifest to us in truth, in love, in wisdom, in justice, and in love. Join us in this time of prayer and devotion, that we may feel the wonder and joy of your presence, and by the power of your Spirit, lead us into a joyous encounter with the Son. In Jesus name we pray. Amen.

II. Passage of Praise: Psalm 23 (UMH 754 or 137)

### III. Daily Bible Readings

March 13, Monday	Luke 15:1-3, 11-32
March 14, Tuesday	Ephesians 2:1-10
March 15, Wednesday	Luke 8:40-56
March 16, Thursday	Psalm 137:1-6
March 17, Friday (St. Patrick's Day)	Joshua 24:14-15
March 18, Saturday	Psalm 34:1-8
March 19, Sunday	1 Samuel 16:1-13
(4 <sup>th</sup> Sunday in Lent)	Ephesians 5:8-14
UMCOR Sunday	John 9:1-41

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: He Leadeth Me: O Blessed Thought (UMH 128)/Open My Eyes That I May See (UMH 454)

### VII. Closing Prayer

O Lord, you who have afforded relief in times of pain, help in times of need, aid in times of want, bless us now with the empowerment of your Spirit, that we may be your channels of the same to others who are in distress. Through Jesus Christ we pray. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

March 20-26, 2023 (P)

Theme 20: A New Life

### I. Opening Prayer

O God of knowledge, life, and love; we come before you in praise and thanksgiving. Amidst distress and grief we ask and plead for your presence. Be with us to guide and inspire us in this devotion. May our acts of piety and devotion be pleasing to you. In the name of Jesus. Amen

II. Passage of Praise: Psalm 130 (UMH 848)

### III. Daily Bible Readings

March 20, Monday	Jeremiah 31:31-34
March 21, Tuesday	1 Corinthians 15:1-28
March 22, Wednesday	John 12:20-26
March 23, Thursday	Philippians 3:12-31
March 24, Friday	Colossians 3:1-11
March 25, Saturday	Colossians 3:12-25
March 26, Sunday	Ezekiel 37:1-14
(5 <sup>th</sup> Sunday in Lent)	Romans 8:6-11
	John 11:1-45

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Lord of the Dance (UMH261)/This Is a Day of New Beginnings (UMH 383)

### VII. Closing Prayer

Our Lord of Heaven, truly we can only approach in praise, in thanks for your manifest goodness and mercy. You have given us new life and the opportunity to be with you in eternity. While we are still here in this world, guide us to be like your Son in doing good for our fellow men and women and allow us your Holy Spirit in the perfecting of our beings. In the name of Jesus we pray. Amen

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

March 27-April 2, 2023 (P/R)

Theme 21: Betrayal and Praise/ The Passion: Peace Amidst Pain!

### I. Opening Prayer

We praise you God, we thank you Lord! You have blessed us with much but, more often than not, we turn our backs on you in the midst of your goodness and love. Allow us your presence as we recall the ups and downs of our relationship with your Son, our source of hope and strength. In the name of Jesus Christ. Amen.

II. Passage of Praise: (Palm)\* Psalm 118:1-2, 19-29 (UMH 839)  
(Passion) Psalm 31:9-16 (UMH 764)

### III. Daily Bible Readings

March 27, Monday	Psalm 22:9-23
March 28, Tuesday	Mark 11:1-10
March 29, Wednesday	Psalm 31:19-23
March 30, Thursday	Isaiah 53:1-6
March 31, Friday	Isaiah 53:7-9
April 1, Saturday	Isaiah 53:10-12
April 2, Sunday	Isaiah 50:4-9a
Passion/Palm Sunday*	Philippians 2:5-11

Mt 26:14-27:66 or Mt 27:11-54/ Matthew

21:1-11\*

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymn/s: Rejoice, Ye Pure in Heart (UMH 160)/Tell Me the Stories of Jesus (UMH 277)

### VII. Closing Prayer

Praise your Holy Name! O God, you gave us your Son as atonement of our sins. Forgive us our betrayal of him. Be merciful to us and allow us to approach you, ask for your forgiveness, and remain in your love. Grant us strength to make him known to our neighbors and to the whole world. In the name of Jesus we pray. Amen.

\*---Palm Sunday reading

(Prepared by Rev. Q.C. Canlas, Jr.)

## **A WEEKLY GUIDE TO PRAYER**

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April 3-9, 2023 (W/G)

Theme 22: The Passion and the Resurrection

### I. Opening Prayer

Praise the Lord! Christ lives! Father in heaven we thank you for your goodness, mercy and love. Love that has allowed your sinful children a way out of perdition and death. But the way to salvation was not easy. It was full of sacrifice because of our manifold sins. Allow Christ to live in our hearts and in our beings. Be with us, we pray, in everything we do. Amen.

II. Passage of Praise: Psalm 118:1-2, 14-24 (UMH 839)

### III. Daily Bible Readings

April 3, Holy Monday (P/R) Isa 42:1-9; Ps 36:5-11; Heb 9:11-15; John 12:1-11  
April 4, Holy Tuesday (P/R) Isa 49:1-7; Ps 71:1-14; 1 Cor 1:18-31; Jn 12:20-36  
April 5, Holy Wednesday(P/R) Isa 50:4-9a; Ps 70; Heb 12:1-3; John 13:21-32  
Apr 6, Holy Thur(P/R) Ex 12:1-14; Ps 116:1-4, 12-19; 1 Cor 1:23-26; Jn 13:1-17, 31b-35  
April 7, Good Friday(No-Color) Isa 52:13-53:12; Ps 22; Heb 10:16-25; Jn 18:1-19:42  
April 8, Holy Saturday(n-C) Exodus 14; Ps 114; Romans 6:3-11; Matt 28:1-10  
April 9, Sunday Acts 10:34-43  
Easter Sunday Colossians 3:1-4  
John 20:1-18 or Matthew 28:1-10

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Christ the Lord Is Risen Today (UMH302)/I Am Thine, O Lord (UMH 419)

### VII. Closing Prayer

God of holiness and light, in the mystery of dying and rising with Christ you have established a new covenant of reconciliation. Cleanse our hearts and give a new spirit to all your people, so that your saving grace may be made known to the whole world; through Jesus Christ our Lord. Amen. - UM Book of Worship, March 2002 printing, p. 375



(Prepared by Rev. Q.C. Canlas, Jr.)

## **A WEEKLY GUIDE TO PRAYER**

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April 10-16, 2023 (W/G)

Theme 23: The Inheritors

### I. Opening Prayer

God of life, through Jesus Christ you have bestowed upon the world the light of life. Sanctify this new fire, and grant that our hearts and minds may also be kindled with holy desire to shine forth with the brightness of Christ's rising, that we may attain to the feast of everlasting light; through Jesus Christ our Lord. Amen. – UM Book of Worship, 2002

II. Passage of Praise: Psalm 16 (UMH 748)

### III. Daily Bible Readings

April 10, Monday (Easter Monday-Canada)	Matthew 28
April 11, Tuesday	Mark 16:1-19
April 12, Wednesday	Luke 24:13-35
April 13, Thursday	Luke 24:36-53
April 14, Friday	John 20:1-18
April 15, Saturday	John 21
April 16, Sunday	Acts 2:14a, 22-32
2 <sup>nd</sup> Sunday of Easter	1 Peter 1:3-9 John 20:19-31

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or written

VI. Hymns: He Lives (UMH 310)/Breathe on Me, Breath of God (UMH 420)

### VII. Closing Prayer

We are sent forth in the power of Christ's resurrection. Alleluia! The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. Amen. –UM Book of Worship, 2002

(Prepared by Rev. Q.C. Canlas, Jr.)

## **A WEEKLY GUIDE TO PRAYER**

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April 17-23, 2023 (W/G)

Theme 24: Walking With Christ/God

### I. Opening Prayer

O Lord, your wondrous birth means nothing unless we are born again, your death and sacrifice mean nothing unless we die to sin, your resurrection means nothing if you be risen alone. Raise and exalt us, O Savior, both now to the estate of grace and hereafter to the state of glory; where with the Father and the Holy Spirit you live and reign, God forever and ever. Amen. - Eric Milner-White, England, 20<sup>th</sup> cent., alt.

### II. Passage of Praise:

Psalm 116:1-4, 12-19 (UMH 837)

### III. Daily Bible Readings

April 17, Monday (Holocaust Remembrance Day)	Acts 4:5-12
April 18, Tuesday	Acts 9:1-20
April 19, Wednesday	Acts 13:44-52
April 20, Thursday	Acts 11:1-18
April 21, Friday	Acts 4:23-31
April 22, Saturday (Earth Day)	Romans 8:1-11
April 23, Sunday	Acts 2:14a, 36-41
(3 <sup>rd</sup> Sunday of Easter)	1 Peter 1:17-23
Festival of God's Creation	Luke 24:13-35
Native American Ministries Sunday	

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: Amazing Grace (UMH 378)/Open My Eyes, That I May See (UMH 454)

### VII. Closing Prayer

May the indwelling of the Triune God in our lives – in our minds and hearts – be ours not only now, but for always. In the name of the Father, of the Son, and of the Holy Spirit. Amen.

-Querubin D. Canlas, September/2007

(Prepared by Rev. Q.C. Canlas, Jr.)

## **A WEEKLY GUIDE TO PRAYER**

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

April 24-30, 2023 (W/G)

Theme 25: Our Good Shepherd

### I. Opening Prayer

O God, our Father, who provides all that we need for our bodies, minds, and spirits, allow your children the bounty and grace of your holy presence; that in this hour of devotion you may infuse in us with inspiration and motivation to do our best and be as shepherds to your people. In the name of Jesus we pray. Amen

II. Passage of Praise: Psalm 23 (UMH 754 or 137)

### III. Daily Bible Readings

April 24, Monday	Psalm 80:1-7
April 25, Tuesday	Isaiah 40:1-11
April 26, Wednesday	Jeremiah 31:10-14
April 27, Thursday	Hebrews 13:20-21
April 28, Friday (Arbor Day)	1 Peter 5:1-11
April 29, Saturday	2 Corinthians 4
April 30, Sunday	Acts 2:42-47
(4 <sup>th</sup> Sunday of Easter)	1 Peter 2:19-25
	John 10:1-10

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: He Leadeth Me: O Blessed Thought (UMH 128)/The King of Love My Shepherd Is (UMH138)

### VII. Closing Prayer

O God, our Shepherd true and faithful, allow us now your blessings of strength and purpose so that we may be able to fulfill our mission in the vineyard of our Savior Jesus Christ through whom we pray. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

May 1-7, 2023 (W/G)

Theme 26: Indwelt/Touched By Love

### I. Opening Prayer

O God in heaven, we approach you with praise on our lips and thanksgiving in our hearts. We thank you that in unconditional love you have accepted us all as your children though not one of us deserves to be called as such. Indwell us with your Spirit that we may serve you. In the name of Jesus we pray. Amen.

II. Passage of Praise: Psalm 31:1-5, 15-16 (UMH 764)

### III. Daily Bible Readings

May 1, Mon (Christian Home /Asian Pac American Heritage Mth)	Psalm 17:1-7
May 2, Tuesday	Galatians 5:13-15
May 3, Wednesday	John 13:1-9
May 4, Thursday (National Day of Prayer)	Romans 3:21-31
May 5, Friday (Friendship Day)	Romans 5:1-11
May 6, Saturday (Nurse's Day)	Ephesians 5:21-32
May 7, Sunday	Acts 7:55-60
(5 <sup>th</sup> Sunday of Easter)	1 Peter 2:2-10
	John 14:1-14

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: The Church's One Foundation (UMH 545)/Only Trust Him (UMH 337)

### VII. Closing Prayer

Dear God we come to you in praise. We come near to you in thanksgiving for goodness and mercy manifested in your Son, Jesus. We thank you for your love manifested in all that you do. Fill us with your Spirit so that we can be with you always. In the name of Christ. Amen

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

May 8-14, 2023 (W/G)

Theme 27: (Chosen by God) Live by/in Faith

### I. Opening Prayer

God of all, we praise you. We thank you for you have made us prosperous in everything. Fill us with your Spirit and allow us to be in your presence in the sweet moments we will spend in prayer with you. Amen.

### II. Passage of Praise:

Psalm 66:8-20 (UMH 790)

### III. Daily Bible Readings

May 8, Monday

Acts 11:19-30

May 9, Tuesday

1 John 5:6-12

May 10, Wednesday

Hebrews 1:4-14

May 11, Thursday

Hebrews 12:12-29

May 12, Friday

Hebrews 13:1-19

May 13, Saturday

Hebrews 11:1-3

May 14, Sunday

Acts 17:22-31

(6<sup>th</sup> Sunday of Easter)

1 Peter 3:13-22

Mothers' Day/ Festival of the Christian Home

John 14:15-21

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymn: Love Divine, All Loves Excelling (UMH 384)/There's Within My Heart a Melody (UMH 380)

### VII. Closing Prayer

O God, our Father, we are before you, in praise and gratitude for your love. Allow us now your eternal presence to afford us faith in the promise of eternity. In the name of Jesus Christ we pray. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

May 15-21, 2023 (W/G)

Theme 28: (Life Together) Bereft a Moment; Indwelt the Next

### I. Opening Prayer

God of Time and Eternity, we approach you in thoughts of praise and thanksgiving. Though Christ ascended to claim his rightful place, we know he is with us through the Holy Spirit. Allow your children to feel, relish, and appreciate this presence. In the name of Jesus we pray. Amen.

### II. Passage of Praise:

Psalm 68:1-10, 32-35 (UMH 792)

### III. Daily Bible Readings

May 15, Monday	Psalm 47
May 16, Tuesday	1 Peter 1:3-12
May 17, Wednesday	John 17:11-19
May 18, Thursday	Acts 1:1-11; Eph. 1:15-23
(Ascension Day) [(W/Go)]	Lk 24:44-53; Ps 47 (UMH 781)
May 19, Friday	John 17:20-26
May 20, Saturday	Ephesians 4:17-32
May 21, Sunday	Acts 1:6-14
(7 <sup>th</sup> Sunday of Easter)	1 Peter 4:12-14; 5:6-11
Ascension/Heritage Sunday	John 17:1-11

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: Crown Him with Many Crowns (UMH 327)/My Hope Is Built (UMH 368)

### VII. Closing Prayer

O Triune God, praise and thanksgiving we bring you. In triumph Christ resurrected and in exaltation Christ now ascends to heaven. We keep this in our hearts to cherish and celebrate for all our days. Grant us your peace. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

May 22-28, 2023 (R)

Theme 29: One Church, One Spirit

### I. Opening Prayer

Almighty God, allow us your Holy Spirit so that we may perfectly love and follow you, especially in these moments of devotion and prayer. In the name of Jesus, we pray. Amen .

### II. Passage of Praise:

Psalm 104:24-34, 35b (UMH 826)

### III. Daily Bible Readings

May 22, Monday

Genesis 11:1-9

May 23, Tuesday

Acts 2:14-21

May 24, Wednesday (Aldersgate Day)

Acts 2:43-47

May 25, Thursday

Psalm 134

May 26, Friday

Romans 8:1-17

May 27, Saturday

John 15:26-27

May 28, Sunday

Acts 2:1-21

Pentecost

1 Corinthians 12:3b-13

John 7:37-39

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and intercessory

### VI. Hymns: Many Gifts, One Spirit (UMH 114)/Spirit of the Living God (UMH 393)

### VII. Closing Prayer

Eternal and Infinite God, Spirit Most Holy, you are the source of our being which you continue to sustain. We recall your act mightily done at the feast of Pentecost, which your Church equally needs for its sustenance and empowerment against the dangers which today's world has been confronting it with. Do not leave us, O Lord God. And may we feel...your indwelling for the strengthening of our faith to continue the work you have set for us to do. In the name of Jesus, we pray. Amen.

-Querubin D. Canlas, September/2007

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

May 29-June 4, 2023 (W/Go)

Theme 30: Our God, the Three in One

### I. Opening Prayer

Lord God, you have revealed yourself to us as Father, Son, and Holy Spirit. Reveal your will to us as well, so that we may have purpose in our being. In Jesus name we pray. Amen

### II. Passage of Praise:

Psalm 8 (UMH 743)

### III. Daily Bible Readings

May 29, Monday (Memorial Day)

Proverbs 8:1-4, 22-31

May 30, Tuesday

Psalm 148

May 31, Wednesday

John 17:1-5

June 1, Thursday

Isaiah 6:1-8

June 2, Friday

John 5:19-29

June 3, Saturday

Psalm 150

June 4, Sunday

Genesis 1:1-2:4a

Trinity Sunday

2 Corinthians 13:11-13

(1<sup>st</sup> Sunday after Pentecost)

Matthew 28:16-20

Peace with Justice Sunday

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: Holy, Holy, Holy! Lord God Almighty (UMH 64)/ Come, Thou Almighty King (UMH 61)

### VII. Closing Prayer

May the indwelling of the Triune God in our lives – in our minds and hearts – be ours not only now, but for always. In the name of the Father, of the Son, and of the Holy Spirit. Amen.

-Rev. Dr. Querubin D. Canlas, September/2007



## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

June 5-11, 2023 (G)

Theme 31: God of Holiness and Truth

### I. Opening Prayer

Our God in heaven, your love has given us your Son to be our savior. We praise and thank you. May he be our lamp to ward away the darkness, our shield from our enemies, our protection from evil – even that which come from ourselves, so that we can bask in your presence. Please join us now and abide in us through our hearing of your Word. In the name of Jesus. Amen.

### II. Passage of Praise

Psalm 33:1-12 (UMH 767)

### III. Daily Bible Readings

June 5, Monday

Genesis 45:3-11, 15

June 6, Tuesday

Isaiah 43:18-25

June 7, Wednesday

Mark 2:1-12

June 8, Thursday

Luke 6:27-38

June 9, Friday

1 Corinthians 15:35-38, 42-50

June 10, Saturday

2 Corinthians 1:18-22

June 11, Sunday

Genesis 12:1-9

(2<sup>nd</sup> Sunday after Pentecost)

Romans 4:13-25

Matthew 9:9-13, 18-26

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: Jesu, Jesu (UMH 432)/Take Time to Be Holy (UMH 395)

### VII. Closing Prayer:

Dear God in heaven, thank you for renewing in us your call to minister to the community of faith, to those whose knowledge of Jesus is lacking, and most of all, to those whose knowledge of him is totally nil. Bless us as we go...into the world! Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

June 12-18, 2023 (G)

Theme 33: Growing in Christ

### I. Opening Prayer

In the light of a new day we praise you, God. In the beginning of a new life we come and thank you. Humbly we ask that we come into your presence, and allow us moments of intimacy with you. In Christ's name we ask, amen.

II. Passage of Praise: Psalm 116:1-2, 12-19 (UMH 837)

### III. Daily Bible Readings

June 12, Monday	2 Samuel 12:1-13a
June 13, Tuesday	Luke 18:18-30
June 14, Wednesday	Mark 4:26-29
June 15, Thursday	Luke 7:36-50
June 16, Friday	Romans 5:6-11
June 17, Saturday	Galatians 5:16-26
June 18, Sunday	Genesis 18:1-15
(3 <sup>rd</sup> Sunday after Pentecost)	Romans 5:1-8
Fathers' Day	Matthew 9:35-10:8, (9-23)

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymn: Jesus Shall Reign (UMH 157)/The God of Abraham Praise (UMH 116)

### VII. Closing Prayer

We praise you as we grow, we are in gratitude as we produce branches in the vineyard through the power of your Spirit, we give thanks to you as we mature in the knowledge of your Son, our Savior Jesus Christ in whose name we pray. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

June 19-25, 2023 (G)

Theme 34: In Our Weakness...God's Strength

### I. Opening Prayer

Our God and Protector, we come to you in humble praise and joyful thanksgiving. We ask that your strong and mighty arm afford us defense, guidance and empowerment. Bless us with your presence. In the name of Jesus. Amen.

II. Passage of Praise: Psalm 86: 1-10, 16-17 (UMH 749)

### III. Daily Bible Readings

June 19, Monday	Psalm 62:5-12
June 20, Tuesday	John 10:7-21
June 21, Wednesday (Summer/Solstice)	Psalm 91
June 22, Thursday	Luke 12:22-31
June 23, Friday	Psalm 121
June 24, Saturday (John Wesley b. 1703)	Hosea 2:14-23
June 25, Sunday	Genesis 21:8-21
(4 <sup>th</sup> Sunday after Pentecost)	Romans 6:1b-11
John Wesley's B'day Sunday	Matthew 10:24-39

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: To God Be the Glory (UMH 98)/O Master, Let Me Walk with Thee (UMH 430)

### VII. Closing Prayer

The blessings, joy, and peace from our loving and caring God we now claim to keep us into His fold, to serve Him – who is Father, Son, and Holy Spirit – and even His Church and our fellow human beings. Amen.

-Rev. Dr. Querubin D. Canlas, September/2007

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

June 26-July 2, 2023 (G)

Theme 35: Servanthood and Sacrifice

### I. Opening Prayer

Merciful God, we praise you. Thank you for your goodness and love. You have always been faithful to us. Allow us to be faithful and true to you through the empowerment of your Spirit. In the name of Jesus we pray. Amen.

II. Passage of Praise: Psalm 13 (UMH 746)

### III. Daily Bible Readings

June 26, Monday	1 John 3:19-24
June 27, Tuesday	James 5:13-16
June 28, Wednesday	Psalm 139
June 29, Thursday	2 Corinthians 4:5-12
June 30, Friday	Psalm 125
July 1, Saturday (Canada Day)	Galatians 2:15-21
July 2, Sunday	Gen. 22:1-14
(5 <sup>th</sup> Sunday after Pentecost)	Romans 6:12-23
	Matthew 10:40-42

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Now Thank We All Our God (UMH 102)/I Surrender All (UMH 354)

### VII. Closing Prayer

Lord God, We end our devotion in praise and thanksgiving; remembering your bountiful grace and endless generosity in allowing us a life which though often marked by difficulties, also leads to the path towards eternity; an eternity in your presence that which we will always covet. In the name of Christ. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

July 3-9, 2023 (G)

Theme 36: Gospel Power

### I. Opening Prayer

Almighty God, in praise we humbly approach you and in joy we thank you. We covet your presence, we ask for your inspiration, as we prepare ourselves for the new day in devotion. Join us, we pray, in Jesus name. Amen

II. Passage of Praise: Ps 45:10-17/Ps 72 (UMH 795)

### III. Daily Bible Readings

July 3, Monday	Luke 6:43-45
July 4, Tuesday (Independence Day)	Luke 10:21-24
July 5, Wednesday (Canada Day)	Luke 11:27-28
July 6, Thursday	Luke 15:1-10
July 7, Friday	John 9:24-33
July 8, Saturday	John 12:1-3
July 9, Sunday	Genesis 24:34-38, 42-49, 58-67
(6 <sup>th</sup> Sunday after Pentecost)	Romans 7:15-25a Matthew 11:16-19, 25-30

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Immortal, Invisible, God Only Wise (UMH 103)/Here I Am, Lord (UMH 593)

### VII. Closing Prayer

In praise and gratitude we approach you. Thank you dear Lord for the new life you have allowed us to enjoy in your presence. We thank you for the moments spent at your feet. May we, in response, give our lives to you in the service of our fellow human beings. In the name of our Savior Jesus Christ we pray. Amen

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

July 10-16, 2023 (G)

Theme 37: God is Faithful

### I. Opening Prayer

In the light of a new day we praise you, God. In the beginning of a new life we come and thank you. Humbly we ask that we come into your presence, and allow us moments of intimacy with you. In Christ's name we ask, amen.

II. Passage of Praise: Ps 119:105-112 or Ps 25 (UMH 756)

### III. Daily Bible Readings

July 10, Monday	2 Samuel 12:1-13a
July 11, Tuesday	Luke 18:18-30
July 12, Wednesday	Mark 4:26-29
July 13, Thursday	Luke 7:36-50
July 14, Friday	Romans 5:6-11
July 15, Saturday	Galatians 5:16-26
July 16, Sunday	Genesis 25:19-34
(7 <sup>th</sup> Sunday after Pentecost)	Romans 8:1-11
	Matthew 13:1-9, 18-23

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: To God Be the Glory (UMH 98)/O Master, Let Me Walk with Thee (UMH 430)

### VII. Closing Prayer

We praise you as we grow, we are in gratitude as we produce branches in the vineyard through the power of your Spirit, we give thanks to you as we mature in the knowledge of your Son, our Savior Jesus Christ in whose name we pray. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

July 17-23, 2023 (G)

Theme 38: Be Still...

### I. Opening Prayer

In praise and thanks we come before you, blind and sinful though we are. Open our eyes to the beauty of your blessings and illumine our paths for this time in our lives. In the name of our Savior, amen.

II. Passage of Praise: Psalm 139:1-12, 23-24 (UMH 854)

### III. Daily Bible Readings

July 17, Monday	Jeremiah 20:7-13
July 18, Tuesday	1 Corinthians 1:18-25
July 19, Wednesday	1 Corinthians 2:6-16
July 20, Thursday	Isaiah 40:12-14
July 21, Friday	Philippians 4:8-9
July 22, Saturday	1 Corinthians 12:1-13
July 23, Sunday	Genesis 28:10-19a
(8 <sup>th</sup> Sunday after Pentecost)	Romans 8:12-25
Parents' Day	Matthew 13:24-30, 36-43

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: We Are Climbing Jacob's Ladder (UMH 418)/ I Surrender All (UMH 354)

### VII. Closing Prayer

In the knowledge that you are our Living God we praise and give thanks. In the knowledge that your presence is with us we are in humble gratitude, on our knees in worship truly blessed. May your wisdom be with us always in the name of Jesus. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

July 24-30, 2023 (G)

Theme 39: Praise God

### I. Opening Prayer

We near your throne of grace in praise and thanks, dear God. We kneel in thanks for your blessing, your goodness, and your mercy. Be with us this day and make it a blessing for us all. Amen.

### II. Passage of Praise: Psalm 105:1-11, 45b (UMH 828)

### III. Daily Bible Readings

July 24, Monday	Genesis 28:10-15
July 25, Tuesday	2 Samuel 7:18-29
July 26, Wednesday	John 12:44-46
July 27, Thursday	Hebrews 12:5-8
July 28, Friday	1 Peter 1:3-5
July 29, Saturday	Psalm 121
July 30, Sunday	Genesis 29:15-28
(9 <sup>th</sup> Sunday of Pentecost)	Romans 8:26-39
(Friendship Day?)	Matthew 13:31-33, 44-52

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: Immortal, Invisible, God Only Wise (UMH 103)/Here I Am, Lord (UMH 593)

### VII. Closing Prayer

Great is thy faithfulness dear God, our Father. You have blessed us with so much but we give back so little in return. Throughout this day, empower us so that we can serve others. May you find us faithful also. In the name of Jesus, amen.

(Prepared by Rev. Q.C. Canlas, Jr.)



## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

July 31-August 6, 2023 (G)

Theme 40: God, the Provider

### I. Opening Prayer

Almighty God, may we feel your presence today, be empowered by it, be transformed by it, so that your gospel be animated in me. Amen.

### II. Passage of Praise:

Ps 17:1-7, 15 (UMH 749)

### III. Daily Bible Readings

July 31, Monday	Hosea 11:1-4
August 1, Tuesday	Hosea 11:8-11
August 2, Wednesday	Ephesians 1:4-8
August 3, Thursday	Ephesians 2:4-10
August 4, Friday	2 Timothy 1:7-10
August 5, Saturday	Titus 3:3-7
August 6, Sunday	Genesis 32:22-31
(10 <sup>th</sup> Sunday after Pentecost)	Romans 9:1-5
	Matthew 14:13-21

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: A Mighty Fortress Is Our God (UMH 110)/Seek Ye First (UMH 405)

### VII. Closing Prayer

Almighty God, whose power is love, we do praise, adore and worship your name. We do thank you for the care and blessings you bestow upon us, your children. Nowhere near can we compare our finiteness to your eternity. And so we rely and trust fully on your mercy. Do bless us today and always. Amen

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

August 7-13, 2023 (G)

Theme 41: God's Grace

### I. Opening Prayer

It is the only thing that we can and must do everyday of our lives – to praise you, our God. Thank you for the life you have given each one. May we all rededicate our beings to you as service to our kindred in Spirit, amen.

II. Passage of Praise: Psalm 105:1-6, 16-22, 45b (UMH 828)

### III. Daily Bible Readings

August 7, Monday (Civic Holiday-Canada)	1 Kings 8:54-61
August 8, Tuesday	Job 36:22-24
August 9, Wednesday	Psalm 16:1-8
August 10, Thursday	Psalm 22:22-31
August 11, Friday	Psalm 24
August 12, Saturday	Psalm 40
August 13, Sunday	Genesis 37:1-4, 12-28
(11 <sup>th</sup> Sunday after Pentecost)	Romans 10:5-15
	Matthew 14: 22-33

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: The Voice of God is Calling (UMH 436)/Close to Thee (UMH 407)

### VII. Closing Prayer

Once again we praise you. At the beginning and end of each day we thank you. Allow us to feel your presence and be the power beneath our wings of faith so that we can soar to the highest peak of service. In the sweet and wonderful name of our Savior, Jesus Christ.

(Prepared by Rev. Q.C. Canlas, Jr.)

**A WEEKLY GUIDE TO PRAYER**

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

August 14-20, 2023 (G)

Theme 42: God’s Kingdom Cometh/A Community of Faith

I. Invocation

O God, prepare us, through the active presence of the Holy Spirit, to come before you worthily and to ask of you rightly; enlighten our understanding; purify our every desire; quicken our will into instant obedience to your Word; strengthen every right purpose; direct this moment of devotion to the praising of your name, and to the enduring good of us your children and servants; through Jesus Christ our Savior. Amen.

II. Passage of Praise:

Psalm 133 (UMH 850)

III. Daily Bible readings:

August 14, Monday

Psalm 37:1-7

August 15, Tuesday

Psalm 40:1-3

August 16, Wednesday

Colossians 3:12-15

August 17, Thursday

Psalm 46:8-11

August 18, Friday

John 14:27

August 19, Saturday

James 5:7-11

August 20, Sunday

Genesis 45:1-15

(12<sup>th</sup> Sunday after Pentecost)

Romans 11:1-2a, 29-32

Matthew 15: (10-20) 21-28

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: This Is a Day of New Beginnings (UMH 383)/Lord, I Want to Be a Christian (UMH 402)

VII. Closing Prayer

Let us then live today in Christ’s presence, remembering he is near and will sustain us as we serve in his name. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

August 21-27, 2023 (G)

Theme 43: Jesus...the Way

### I. Opening prayer

O God, from whom all holy desires, good counsel, and all good works are sourced: Give to your servants that peace which the world cannot give; that our hearts might be set to obey you, and also that by your Holy Spirit, we may pass our time in rest and quietness; through Jesus Christ our Lord. Amen.

II. Passage of Praise: Psalm 124 (UMH 846)

### III. Daily Bible readings:

August 21, Monday	Psalm 8
August 22, Tuesday	Psalm 10:16-18
August 23, Wednesday	Hebrews 10:19-23
August 24, Thursday	Revelations 21:1-7
August 25, Friday	1 Corinthians 1:4-9
August 26, Saturday	Psalm 52
August 27, Sunday	Exodus 1:8-2:10
(13 <sup>th</sup> Sunday after Pentecost)	Romans 12:1-8
	Matthew 16:13-20

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Immortal, Invisible, God Only Wise (UMH 103)/Rock of Ages (UMH 361)

### VII. Closing Prayer

You have been renewed and empowered to serve the Lord and the people. The grace of Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

August 28-September 3, 2023 (G)

Theme 44: True Greatness

### I. Opening Prayer

Almighty God, in wisdom you created all things. Provide our daily needs and grant us grace and strength to fulfill the ministry to which we have been called. We offer our prayers in the name of Jesus Christ. Amen.

II. Passage of Praise: Ps 105:1-6, 23-26, 45c (UMH 828)

### III. Daily Bible readings

August 28, Monday	Genesis 3:16-21
August 29, Tuesday	Exodus 16:1-15
August 30, Wednesday	Genesis 9:8-17
August 31, Thursday	2 Corinthians 5:1-5
September 1, Friday	Colossians 1:2-14
September 2, Saturday	Revelations 19:5-10
September 3, Sunday	Exodus 3:1-15
(14 <sup>th</sup> Sunday after Pentecost)	Romans 12:9-21
	Matthew 16:21-28

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: And Can It Be that I Should Gain (UMH 363)/Just as I Am, Without One Plea (UMH 357)

### VII. Closing Prayer

God's love is manifest in his creation and in his love. Today walk in the power and presence of God: Father, Son, and Holy Spirit. Amen

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

September 4-10, 2023 (G)

Theme 45: Forgiven and Forgiving/Transcendent Forgiveness

### I. Opening Prayer

Lord God, you have promised never to forsake or leave me. Accept my life as a living sacrifice to you and grant me strength to keep my promises. Join me in my prayer time today. In the name of Jesus. Amen.

II. Passage of Praise: Psalm 149/148 (UMH 861)

### III. Daily Bible readings:

September 4, Monday ( Labor Day – US/Canada)	2 Samuel 7:18-29
September 5, Tuesday	Romans 4:13-25
September 6, Wednesday	James 1:2-6, 12
September 7, Thursday`	2 Peter 1:3-11
September 8, Friday	Acts 12:1-11
September 9, Saturday	John 17:6-26
September 10, Sunday	Exodus 12:1-14
(15 <sup>th</sup> Sunday after Pentecost)	Romans 13:8-14
Grandparents' Day	Matthew 18:15-20

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: In Christ There Is No East or West (UMH 548)/Have Thine Own Way, Lord (UMH 382)

### VII. Closing Prayer

O God, you are faithful in your promises. May we be as faithful in our prayers. Lord, allow your servant to go in peace. I have experienced your salvation which you have prepared for everyone. Uphold me as I seek to serve in your name. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

September 11-17, 2023 (G)

Theme 46: Ascendant Forgiveness

### I. Opening Prayer

Lord Jesus Christ, hasten the day when all your people may know the joy, peace, and harmony of your kingdom. Grant to me this day the power to live within your kingdom. In his name we pray. Amen.

II. Passage of Praise: Exodus 15:1b-11, 20-21 (UMH 135)

### III. Daily Bible readings:

September 11, Monday (Labor Day)	2 Chronicles 5:11-14
September 12, Tuesday	Luke 10:21-24
September 13, Wednesday	Luke 22:25-28
September 14, Thursday	Hebrews 12:18-24
September 15, Friday	Matthew 6:19-21
September 16, Saturday	Revelation 11:15-19
September 17, Sunday	Exodus 14:19-31
(16 <sup>th</sup> Sunday after Pentecost)	Romans 14:1-12
Constitution/Citizenship Day	Matthew 18:21-35

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: To God Be the Glory (UMH 98)/Amazing Grace (UMH 378)

### VII. Closing Prayer

The Lord bless you and keep you: the Lord make his face shine upon you, and be gracious to you; the Lord lift up his countenance upon you, and give you peace. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

September 18-24, 2023 (G)

Theme 47: The Wise Steward

### I. Opening Prayer

Almighty God, as you have sent Jesus to be for us light and truth, send now your spirit upon us to grant us grace and strength to follow in his footsteps this day.

### II. Passage of Praise: Psalm 105:1-6, 37-45/78 (UMH 828)

### III. Daily Bible readings:

September 18, Monday	John 14:1-6
September 19, Tuesday	John 6:35-40
September 20, Wednesday	John 8:12-19
September 21, Thursday	Matthew 8:23-27
September 22, Friday	Luke 9:18-20
September 23, Saturday (Autumn/Equinox)	John 12:27-36
September 24, Sunday	Exodus 16:2-15
(17 <sup>th</sup> Sunday after Pentecost)	Philippians 1:21-30
	Matthew 20:1-16

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: The Voice of God Is Calling (UMH 436)/Forth in Thy Name, O Lord (UMH 438)

### VII. Closing Prayer

You have been reminded that Jesus Christ is your Lord and that you are God's servant. You are loved; you are forgiven; you are empowered and now you are sent to live as God's faithful one. Amen.



## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

September 25-October 1, 2023 (G)

Theme 48: God, Our Provider

### I. Opening Prayer

Almighty God, you have sent Jesus to take our nature upon himself and to be for us a sign and Savior. Grant that by the power of your spirit Christ may be born in us today to the end that our ministry may be pleasing to you and helpful to your people. We pray in the name and spirit of Christ. Amen.

II. Passage of Praise Psalm 91:1-6, 14-16 (UMH 810)

### III. Daily Scripture readings:

September 25, Monday	Matthew 23:1-36
September 26, Tuesday	Matthew 20:20-28
September 27, Wednesday	Matthew 6:1-24
September 28, Thursday	Matthew 6:25-34
September 29, Friday	Matthew 5:1-11
September 30, Saturday	Matthew 5:13-20
October 1, Sunday	Exodus 17:1-7
(18 <sup>th</sup> Sunday after Pentecost)	Philippians 2:1-13
World Communion Sunday	Matthew 21:23-32

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Take My Life and Let It Be (UMH 399)/God Will Take Care of You (UMH 130)

### VII. Closing Prayer

And now, may the spirit which was in Jesus Christ be in me, enabling me to know God's will and empowering me to do God's will. Amen

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

October 2-8, 2023 (G)

Theme 49: Faithfulness/A Community of Faith

### I. Opening Prayer

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, so that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

II. Passage of Praise: Psalm 19 (UMH 750)

### III. Daily Scripture readings:

October 2, Monday	Acts 10:44-48
October 3, Tuesday	1 John 3:1-10
October 4, Wednesday	2 Corinthians 2:5-11
October 5, Thursday	Luke 6:27-36
October 6, Friday	Luke 6:37-42
October 7, Saturday	Luke 17:1-6
October 8, Sunday	Exodus 20:1-4, 7-9, 12-20
(19 <sup>th</sup> Sunday after Pentecost)	Philippians 3:4b-14 Matthew 21:33-46

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Standing on the Promises (UMH 374)/O Jesus, I Have Promised (UMH 396)

### VII. Closing Prayer

I commend you to God and to the word of his grace which is able to build you up and to give you your inheritance. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

October 9-15, 2023 (G)

Theme 50: Friends of God/A Community of Faith

### I. Opening Prayer

Almighty God, from whom every good prayer comes, and who pours out on all who desire it the spirit of grace and supplication: Deliver us, when we draw near to you, from coldness of heart and wanderings of mind, that, with steadfast thoughts and kindled affections, we may worship you in spirit and in truth; through Jesus Christ our Lord. Amen.

II. Passage of Praise: Psalm 106:1-6, 19-23 (UMH 829)

### III. Daily Scripture readings:

October 9, Monday (Thanksgiving Day-Canada)	John 5:1-14
October 10, Tuesday	John 8:1-11
October 11, Wednesday	Psalm 32
October 12, Thursday	Ephesians 2:1-10
October 13, Friday	Romans 6:1-14
October 14, Saturday	Romans 3:21-31
October 15, Sunday	Exodus 32:1-14
(20 <sup>th</sup> Sunday after Pentecost)	Philippians 4:1-9
Laity Sunday	Matthew 22:1-14

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: 'Tis So Sweet to Trust in Jesus (UMH 462)/What a Friend We Have in Jesus (UMH 526)

### VII. Closing Prayer

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you all. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

October 16-22, 2023 (G)

Theme 51: We Are Servants of Christ

I. Opening Prayer

Almighty God, you who created me and called me to ministry, pour out your Holy Spirit on me today so that I may be a wise steward of these precious gifts. In the name and spirit of Christ. Amen.

II. Passage of Praise: Psalm 99 (UMH 819)

III. Daily Bible readings:

October 16, Monday (Boss' Day)	Ecclesiastes 9:13-18
October 17, Tuesday	1 Kings 3:16-28
October 18, Wednesday	James 3:13-18
October 19, Thursday	Ephesians 3:14-21
October 20, Friday	2 Corinthians 6:1-10
October 21, Saturday	1 Corinthians 4:1-13
October 22, Sunday	Exodus 33:12-23
(21 <sup>st</sup> Sunday after Pentecost)	1 Thessalonians 1:1-10
Children's Sabbath	Matthew 22:15-22

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Be Thou My Vision (UMH 451)/Here I Am, Lord (UMH 593)

VII. Closing Prayer

Go forth now as God's servant. Remember God's presence often and draw strength from the knowledge that the One who calls and sends...also sustains. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

October 23-29, 2023 (G)

Theme 52: True Humility

### I. Opening Prayer

Almighty God, in whom we find life, health, and strength, and through whose mercy we are clothed and fed, grant us a thankful and faithful heart. In the name and spirit of Christ. Amen

II. Passage of Praise: Psalm 90:1-6, 13-17 (UMH 809)

### III. Daily Bible readings:

October 23, Monday	1 Kings 17:8-13
October 24, Tuesday (United Nations Day)	2 Kings 4:1-7
October 25, Wednesday	Luke 12:22-32
October 26, Thursday	1 Timothy 6:2c-10
October 27, Friday	2 Corinthians 4:1-15
October 28, Saturday	Philippians 4:10-19
October 29, Sunday	Deuteronomy 34:1-12
(22 <sup>nd</sup> Sunday after Pentecost)	1 Thessalonians 2:1-8
Reformation Sunday	Matthew 22:34-46

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Come, Christians, Join to Sing (UMH 158)/Just as I Am, Without One Plea (UMH 357)

### VII. Closing Prayer

You have been in communion with the Lord. Go forth now in the strength and assurance that the Lord Jesus Christ goes with you. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

October 30-November 5, 2023 (W)

Theme 53: God Transforms Lives

### I. Opening Prayer

Lord Jesus Christ, you demonstrated faithfulness in all of life, even to death on the cross. Grant unto me grace and strength to faithfully follow you all the days of my life. Amen.

II. Passage of Praise: Psalm 107:1-7, 33-37 (UMH 830)

### III. Daily Bible readings:

October 30, Monday	Genesis 12:1-9
October 31, Tuesday (Reformation Day/Halloween)	Heb 11:1-31
November 1, Wednesday (All Saints Day/Native American Heritage Month)	Rev 7:9-17; Ps 34:1-10, 22 (UMH 769); 1 John 3:1-3; Matthew 5:1-12
November 2, Thursday	2 Timothy 2:1-13
November 3, Friday (World Community Day)	Matthew 5:8-12
November 4, Saturday	Genesis 21:1-8
November 5, Sunday (23 <sup>rd</sup> Sun after Pentecost)	Joshua 3:7-17                    1 Thessalonians 4:13-18
All Saints Sunday	Matthew 25:1-13

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: My Hope Is Built (UMH 368)/For All the Saints (UMH 711)

### VII. Closing Prayer

We praise you, Dear Father, and thank you for a time of bonding. Allow us your strength to serve you, through Jesus Christ for this day and always. Amen.

(Prepared by Rev. Q.C. Canlas, Jr.)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

November 6-12, 2023 (G)

Theme 54: People of the Resurrection

### I. Opening Prayer

Almighty God, you who are the source of our life, strength, and ministry. In your presence alone we find help, hope, and life. Send us from this hour as a healing reminder of your love to all whose lives we touch this day. We offer our prayers in the name of Christ. Amen.

II. Passage of Praise: Psalm 78:1-7 (UMH 799)

### III. Daily Scripture readings:

November 6, Monday	Exodus 33:7-11
November 7, Tuesday	Jeremiah 31:23-34
November 8, Wednesday	2 Chronicles 20:1-9
November 9, Thursday	Hebrews 8:1-12
November 10, Friday	James 4:1-10
November 11, Saturday (USA-Vet's/Canada-Rem. Day)	Isaiah 41:8-10
November 12, Sunday (24 <sup>th</sup> Sunday after Pentecost)	Joshua 24:1-3a, 14-25 1 Thessalonians 4:13-18
Organ & Tissue Donor	Matthew 25:1-13

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Fairest Lord Jesus (UMH 189)/I Am Thine, O Lord (UMH 419)

### VII. Closing Prayer

May our Lord Jesus Christ himself, and God our Father, who loved us and in his grace gave us unfailing courage and a firm hope, encourage you and strengthen you to always do and say what is good. Amen.

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

November 13-19, 2023 (G)

Theme 55: Prepared for the Coming!

### I. Opening Prayer

Almighty God, you who are the source of our life, strength, and ministry. In your presence alone we find help, hope, and life. Send us from this hour as a healing reminder of your love to all whose lives we touch this day. We offer our prayers in the name of Christ. Amen.

II. Passage of Praise: Ps 123 or Ps 76 (UMH 797)

### III. Daily Scripture readings:

November 13, Monday	Exodus 33:7-11
November 14, Tuesday	Jeremiah 31:23-34
November 15, Wednesday (Veterans/USA; Remembrance/Ca Day)	2 Chronicles 20:1-9
November 16, Thursday	Hebrews 8:1-12
November 17, Friday	Isaiah 41:8-10
November 18, Saturday	James 4:1-10
November 19, Sunday (25 <sup>th</sup> Sunday after Pentecost)	Judges 4:1-7
Thanksgiving Sunday	1 Thessalonians 5:1-11
International Bible Week (19-25)	Matthew 25:14-30

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Break Thou the Bread of Life (UMH 599)/ How Great Thou Art (UMH 77)

### VII. Closing Prayer

May our Lord Jesus Christ himself, and God our Father, who loved us and in his grace gave us unfailing courage and a firm hope, encourage you and strengthen you to always do and say what is good. Amen.

(Prepared by Rev. QCCJ)



## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

November 20-26, 2023 (W/Go)

Theme 56: Christ the King/Reign of Christ

### I. Opening Prayer

Almighty God, allow us the light of your Son to ensure our hearing and heeding of your will through the power of your Spirit in the name of Christ. Amen.

### II. Passage of Praise: Psalm 100 (UMH 821)

### III. Daily Bible readings

November 20, Monday (Universal Children's Day)	John 1:43-51
November 21, Tuesday	Luke 8:22-39
November 22, Wednesday	Matthew 25:31-46
November 23, Thursday [Thanksgiving Day (R/W)]	Deuteronomy 8:7-18; Psalm 65 (UMH 789) 2 Corinthians 9:6-15; Luke 17:11-19
November 24, Friday	1 Corinthians 15:1-11
November 25, Saturday	Matthew 27:45-54
November 26, Sunday (Last/26 <sup>th</sup> Sunday after Pentecost)	Ezekiel 34:11-16, 20-24 Ephesians 1:15-23
Christ the King/Reign of Christ Sunday	Matthew 25:31-46
United Methodist Student Sunday	

### IV. Moments of Reflection: Silent and/or written

### V. Sweet Hour of Prayer: Personal and/or intercessory

### VI. Hymns: Crown Him With Many Crowns (UMH 327)/Jesus Shall Reign (UMH 157)

### VII. Closing Prayer

In praise and thanks we come near to you O God, allow us to go forth, empowered by the Holy Spirit, to serve in the strength, love, and presence of the Lord Jesus Christ. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

November 27-December 3, 2023 (P/B)

Theme 1: The Coming of the King

I. Opening Prayer:

Almighty God, who came to us long ago in the birth of Jesus Christ, be born anew in us today by the power of your Holy Spirit. We offer our lives as home to you and ask for grace and strength to live as your faithful, joyful children always. Through Jesus Christ our Lord. Amen.

II. Passage of Praise: Psalm 80:1-7, 17-19 (UMH 801)

III. Daily Bible readings:

November 27, Monday	Matthew 1:1-17
November 28, Tuesday	Isaiah 42:1-13
November 29, Wednesday	Jeremiah 46:27-28
November 30, Thursday	Ezekiel 1:1-28a
December 1, Friday	Psalm 25:1-10
December 2, Saturday	Zephaniah 3:14-20
December 3, Sunday	Isaiah 64:1-9
(1 <sup>st</sup> Sunday of Advent)	1 Corinthians 1:3-9
<i>[Begin lectionary Year B]</i>	Mark 13:24-37

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Come, Thou Long-Expected Jesus (UMH 196)/Let All Mortal Flesh Keep Silence (UMH 626)

VII. Closing Prayer:

O Lord of all, we kneel before your throne. We praise, worship and adore you. We thank you for the coming of our Savior. We have been reminded that Jesus Christ is our Lord and that we are God's servant. We are loved; we are forgiven; we are empowered; and now we are sent to live as God's faithful one. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

December 4-10, 2023 (P/B)

Theme 2: Prepare Ye the Way of the Lord

### I. Opening Prayer

O God our Father, who sent your Son to be King of kings and Prince of Peace: Grant that all the kingdoms of this world may become the kingdom of Christ, and learn from him the way of peace. Send forth among all people the spirit of good will and reconciliation. In the name of Jesus Christ. Amen.

II. Passage of Praise: Psalm 85:1-2, 8-13 (UMH 806)

### III. Daily Bible readings

December 4, Monday	Luke 1:5-25
December 5, Tuesday	Luke 1:57-80
December 6, Wednesday	Isaiah 59:15b-21
December 7, Thursday (Hanukkah begins)	Isaiah 61:1-3
December 8, Friday	Amos 9:11-15
December 9, Saturday	Matthew 3:1-12
December 10, Sunday	Isaiah 40:1-11
(2 <sup>nd</sup> Sunday of Advent)	2 Peter 3:8-15a
	Mark 1:1-8

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Hail to the Lord's Anointed (UMH 203)/O Come, O Come, Emmanuel (UMH 211)

### VII. Closing Prayer:

The Lord bless you and keep you: the Lord make his face shine upon you, and be gracious to you: the Lord lift up his countenance upon you, and give you peace. Amen.

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

December 11-17, 2023 (P/B)

Theme 3: The Constant Advent of Jesus Christ

### I. Opening Prayer

O Lord God, whose chosen dwelling is the heart of the lowly, we give you praise. We give thanks that you revealed yourself in the holy child Jesus, thereby sanctifying all childhood in him. We beseech you to make us humble in faith and love, that we may know the joy of the Gospel that is hidden from the wise and prudent and revealed unto babes and the simple people. Amen.

II. Passage of Praise: Psalm 126 (UMH 847)

### III. Daily Bible readings:

December 11, Monday	Mark 13:24-27
December 12, Tuesday	Luke 21:25-28
December 13, Wednesday	Revelation 1:1-8
December 14, Thursday	Ezekiel 34:1-31
December 15, Friday	Luke 12:35-40
December 16, Saturday	Acts 1:6-11
December 17, Sunday	Isaiah 61:1-4, 8-11
(3 <sup>rd</sup> Sunday of Advent)	1 Thessalonians 5:16-24
	John 1:6-8, 19-28

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: When Morning Gilds the Skies (UMH 185)/Hail to the Lord's Anointed (UMH 203)

### VII. Closing Prayer:

Lord, allow your servant to go in peace. I have experienced your salvation which you have prepared for everyone. Uphold me as I seek to serve in your name. Amen.

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

December 18-24, 2023 (P/B)

Theme 4: Gateway to Heaven

### I. Opening Prayer:

Almighty God, who by the birth of your holy child Jesus has given us a great light to dawn upon our darkness: Grant, we pray, that in this light we may see light. Allow us, dear God, that most excellent Christmas gift of peace and love to all, so that the likeness of your Son may be formed in us, and that we may have the ever brightening hope of everlasting life; through Jesus Christ our Lord. Amen.

II. Passage of Praise: Luke 1:47-55 (UMH 199)

### III. Daily Bible readings:

December 18, Monday (Charles Wesley's Birthday [1707])	Isaiah 7:10-15
December 19, Tuesday	Isaiah 35
December 20, Wednesday	Isaiah 40:1-10
December 21, Thursday (Winter Solstice/1 <sup>st</sup> Day of Winter)	Ezekiel 34:11-16
December 22, Friday	Isaiah 9:1b-7
December 23, Saturday	Philippians 4:4-9
December 24, Sunday (Christmas Eve)	2 Samuel 7:1-11, 16
(4 <sup>th</sup> Sunday of Advent)	Romans 16:25-27
	Luke 1:26-38

IV. Moment of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: Angels We Have Heard on High (UMH 238/Silent Night (UMH 239)

### VII. Closing Prayer:

God, our Father, allow us your grace which is able to build us up and give us the inheritance among all those who are sanctified. Be with us throughout this day and our lives through the care of the Holy Spirit. In the name of Jesus Christ, our Savior, we pray. Amen.

Christmas Eve readings                      Isaiah 9:2-7; Psalm 96 (UMH 815)  
Titus 2:11-14; Luke 2:1-20

(Prepared by Rev. QCCJ)

## A WEEKLY GUIDE TO PRAYER

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

December 25-31, 2023 (W/Go)

Theme 5: Emmanuel!

### I. Opening Prayer:

O Lord, the house of my soul is narrow; enlarge it enough so that you may enter in. It is broken, please repair it. It is unpleasant in your sight, dear God, I confess it, I know. But who will cleanse it, or to whom shall I cry but unto thee? Cleanse me from my secret faults, O Lord, and spare thy servant from strange sins. – St. Augustine

II. Passage of Praise: Psalm 148 (UMH 861)

### III. Daily Scripture Readings:

December 25, Monday	Isaiah 52:7-10; Psalm (UMH 818)
(Christmas Day)	Hebrews 1:1-4 (5-12); John 1:1-14
December 26, Tuesday	Ephesians 4:17-32
December 27, Wednesday	Isaiah 43:1-13
December 28, Thursday	John 3:1-8
December 29, Friday	2 Peter 1:3-11
December 30, Saturday	2 Corinthians 5:16-21
December 31, Sunday	Isaiah 61:10-62:3
(1 <sup>st</sup> Sunday after Christmas)	Galatians 4:4-7
	Luke 2:22-40

IV. Moments of Reflection: Silent and/or written

V. Sweet Hour of Prayer: Personal and/or intercessory

VI. Hymns: O Come, All Ye Faithful (UMH 234)/Go, Tell It on the Mountain (UMH 251)

### VII. Closing Prayer:

And now, may the spirit which is in Jesus Christ be in me, enabling me to know God's will and empowering me to do it in the name of his Son, Jesus. Amen.

New Year's Eve (Watch night)

Ecclesiastes 3:1-13; Psalm 8 (UMH 743)  
Revelations 21:1-6a; Matthew 25:31-

(Prepared by Rev. QCCJ

## **A WEEKLY GUIDE TO PRAYER**

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

January 1-7, 2024 (W/G)

Theme 6: God's Children

### I. Opening Prayer

Dear God, my life with all its doubts and fears lie before your gaze. Look upon it and cause everything that may hinder my ministry and my work to fall away, for the sake of those I serve in your name. Amen.

### II. Reading of Praise

Psalm 72:1-7, 10-14 (UMH 795)

### III. Daily Bible Readings

January 1, Monday	John 15:12-16
January 2, Tuesday	2 Peter 1:3-11
January 3, Wednesday	Isaiah 56:1-8
January 4, Thursday	Matthew 25:31-46
January 5, Friday	Romans 8:31-39
January 6, Saturday	1 Peter 2:1-10
January 7, Sunday	Isaiah 60:1-6
(Epiphany/2 <sup>nd</sup> Sunday after Christmas)	Ephesians 3:1-12
	Matthew 2:1-12

### IV. Reflection: Silent and/or written

### V. Prayers: Personal and/or intercessory

### VI. Hymns: Joy to the World (UMH 246)/What Child Is This (UMH 219)

### VII. Closing Prayer

We praise you, dear God. We thank you for your goodness, mercy, and the gift of your son. May we live as your chosen. May we act as your children. In the name of Christ Jesus. Amen.

(Prepared by Rev. QCCJ)

## **A WEEKLY GUIDE TO PRAYER**

(This weekly guide to prayer may be used by an individual for personal daily devotion or by prayer groups in retreat)

Date

Theme:

- I. Opening Prayer
- II. Passage of Praise
- III. Daily Bible Readings
- IV. Moments of Reflection: Silent and/or written
- V. Sweet Hour of Prayer: Personal and/or intercessory
- VI. Hymn
- VII. Closing Prayer

(Prepared by Rev. QCCJ)